

Prices are rising for everything from groceries to gas.

# **SNAP makes food more affordable** for families, seniors, and other Texans.



## **Understanding the Supplemental Nutrition Assistance Program (SNAP):**

- Typical jobs for Texans enrolled in SNAP include cashier, cook, driver, and sales clerk.<sup>1</sup>
- SNAP helps when families are going through a tough year.
- Texans in rural areas and small towns have higher SNAP participation rates than other Texans.<sup>2</sup>
- The average daily benefit is \$6 per person.<sup>3</sup>
- SNAP eligibility: ✓ Low income ✓ Work requirements ✓ Prohibition on undocumented immigrants

**Recent SNAP policy changes:** ✓ Candy and soda prohibited ✓ Expanded SNAP work requirements

In 2027, Texas will pay a temporary SNAP “cost share” until the state’s error rate returns below 6%.

We urge lawmakers to support a strong SNAP program during the 2027 legislative session.

For additional information, contact Tessa Galloso at [tgalloso@txchildren.org](mailto:tgalloso@txchildren.org) or visit [txchildren.org/texas-snap-policy-resources](https://txchildren.org/texas-snap-policy-resources).

<sup>1</sup> Center on Budget and Policy Priorities. (2018). SNAP Helps 1 in 10 Workers in Texas Put Food on the Table.

<sup>2</sup> In Texas, the rate for small towns is 14.7%, the rural rate is 12.4%, and the metro rate is 11.2%. Food Research & Action Center. (2023). Household SNAP Participation Rates by County [Interactive map].

<sup>3</sup> Center on Budget and Policy Priorities. (2025). Supplemental Nutritional Assistance Program (SNAP) Factsheet for Texas.