

Statewide Mental Health Consumer and Family Training and Technical Assistance Center

Presentation to the
Texas Children's Mental Health Forum

May 19, 2009

President's New Freedom Commission Report

- Achieving the Promise: Transforming Mental Health Care in America (2003)
- Six Broad Goals
 - Americans understand that mental health is essential to overall health.
 - **Mental health is consumer and family driven**
 - Disparities in mental health services are eliminated.
 - Early mental health screening, assessment and referral are common practices
 - Excellent mental health care is delivered and research is accelerated.
 - Technology is used to access mental health care and information.

Texas Mental Health Transformation State Incentive Grant (SIG)

- Five year grant; awarded 2005.
- Support transformative change of the state's mental health system and achievement of the goals described in the NFC report.
- Public health approach that is **consumer-centered**, focused on prevention and early intervention, utilizes best practices, develops the workforce, and is supported by technology.

Statewide Mental Health Consumer and Family Member Training and Technical Assistance Center (TTAC)

- June 11, 2008: DSHS Issued RFP for TTAC due July 30, 2008.
 - Partners Included: Mental Health America Texas (MHAT), NAMI Texas, DBSA Texas, and Texas Mental Health Consumers (TMHC).
 - \$2 Million per year for up to 5 years.

Statewide Mental Health Consumer and Family Member Training and Technical Assistance Center (TTAC)

- February 1, 2009: Contract awarded to Mental Health America Texas (MHAT) with , NAMI Texas as subcontractor.
 - \$1 Million per year for up to 5 years.
 - 1st year is 7 month contract.

Areas of Activity for 2009

1. Conduct statewide training and technical assistance assessment.
2. Establish and facilitate TTAC advisory committee.
3. Research and develop recommendations for establishment of a peer training and certification program.

Areas of Activity for 2009

4. Promote TTAC.
5. Develop a statewide consumer, family, and youth network.
6. Deliver training.
7. Host Invisible Children's Network.

Conduct statewide training and technical assistance assessment

- Survey training needs of consumers, family members, mental health professionals, employers, other stakeholders.
- Web-based, email, community forums (4).
 - Austin, Houston, Dallas, San Antonio
- <https://www.psychdata.com/s.asp?SID=129044>
- Recommendations for future training and technical assistance.

Establish and facilitate TTAC advisory committee

- Fifteen members.
- Broad representation.
- Input and recommendations regarding activities and services provided by TTAC.
- Initial meeting, third week in July.

Peer training and certification

- Review existing programs in Texas and elsewhere.
- Survey mental health consumers in Texas.
- Survey employers in Texas.
- Recommendations on the implementation of a statewide peer training and certification program for Texas.

Promote TTAC

- Find a new name!
- Also Create:
 - Logo
 - Slogan
 - Design scheme
 - Guidelines for use.

Develop a statewide consumer, family, and youth network

- Monthly meetings of advocacy organizations to define and establish network.
 - Develop network's vision and purpose, plan of action, membership guidelines, structure, and priorities.
- Hire consumer and youth coordinators.
- Coordinators provide and track technical assistance to individuals.

Develop a statewide consumer, family, and youth network

- Print and distribute 50,000 bilingual brochures and 1,000 coloring books.
- Issue news releases.
- Participate in HHSC's Early Childhood Coordination Raising Texas Initiative.
- Develop implementation plan for a statewide Mental health magazine.

Deliver training

- *Wellness Recovery Action Planning (Dallas)*
- *Damaging and Devastating Effects of Trauma (Amarillo).*
- *In Our Own Voice: Living With Mental Illness (Fort Worth).*
- *Issues in Working With Teens (San Antonio)*

Deliver training

- *Supporting Families of Children With Special Needs (Houston)*
- *Family to Family (San Antonio)*
- *Visions for Tomorrow (Austin)*
- *Great Minds Think Alike (Dallas)*
- *Partnerships (Lufkin)*

Invisible Children's Project

- For families in which at least one parent has a mental disorder.
- Host one meeting.
- Print and distribute 100 copies of the Invisible Children's Toolkit.

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Thank You!

Questions?