

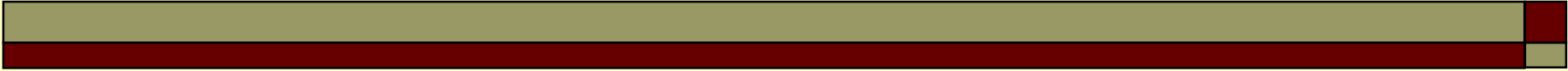
Systems of Care

Texas Children's Mental Health Forum

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Children & Youth

Texas Health and Human Services Commission



System of Care

A system of care is defined as a comprehensive spectrum of mental health and other necessary services which are organized into a coordinated network to meet the multiple and changing needs of children and adolescents with serious emotional disturbances and their families.



Cornerstones of a System of Care:

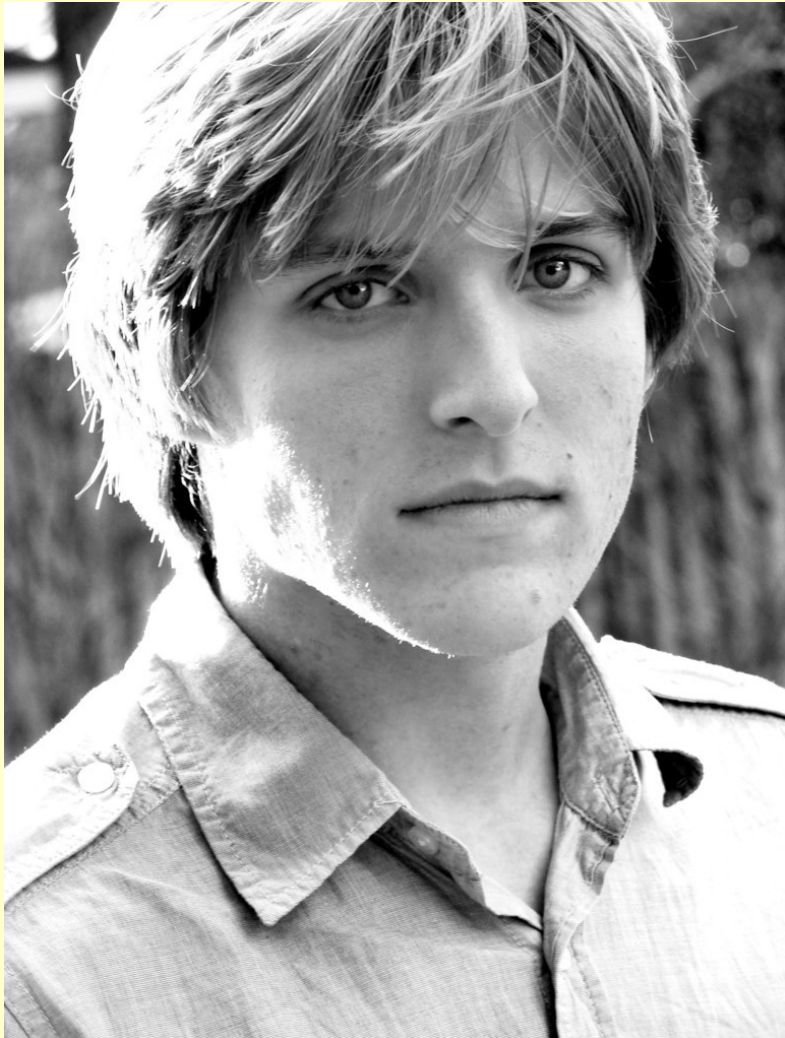
- **Family-Driven**
- **Youth-Guided**
- **Evidence-based / Clinical Excellence**
- **Cultural & Linguistic Competence**

Family Centered/ Family Driven

Family Centered/Family Driven simply means that families are at the center of all decision making processes at all levels from advisory boards to family teams.



Youth-Guided



Youth are our true experts and primary consumers of systems of care services.

We respect their voice, and youth are equal partners in creating system change at the individual, state, and national level.

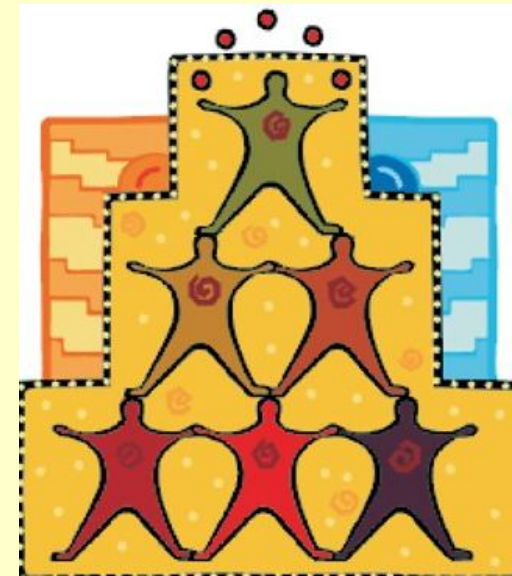
Evidence-Based/Clinical Excellence



Evidence-Based Practices:
Practices that integrate the best research evidence with clinical expertise and patient values.

Cultural Competence

Cultural Competence means a knowledge & respect for the different cultures that we support. It does not mean we must all share the same cultural but that we recognize & respect cultural differences and provide support for families and youth that are reflective of their cultural needs.





Wraparound

Ten Principles of Wraparound

1. **Family Voice & Choice**
2. **Team Based**
3. **Natural Supports**
4. **Collaboration**
5. **Community-Based**
6. **Culturally Competent**
7. **Individualized**
8. **Strength-Based**
9. **Persistence**
10. **Outcome Based**



Family Partnerships

- Family voice & choice
Motto: “Not about us without us”
- Families actively involved in policy, planning, implementation, and evaluation
- Child & Family “Team” Composition
- Service delivery using wraparound (strengths-based approach, traditional & non-traditional services, best practices, unconditional care)

Community Based Supports

Community Based supports mean providing the supports a youth/family need close to or in the home rather than sending them to other communities to have their needs met.



Individualized Supports

Individualized Supports are those that are tailored to meet the needs of a specific youth or family rather than offering the same supports to everyone.





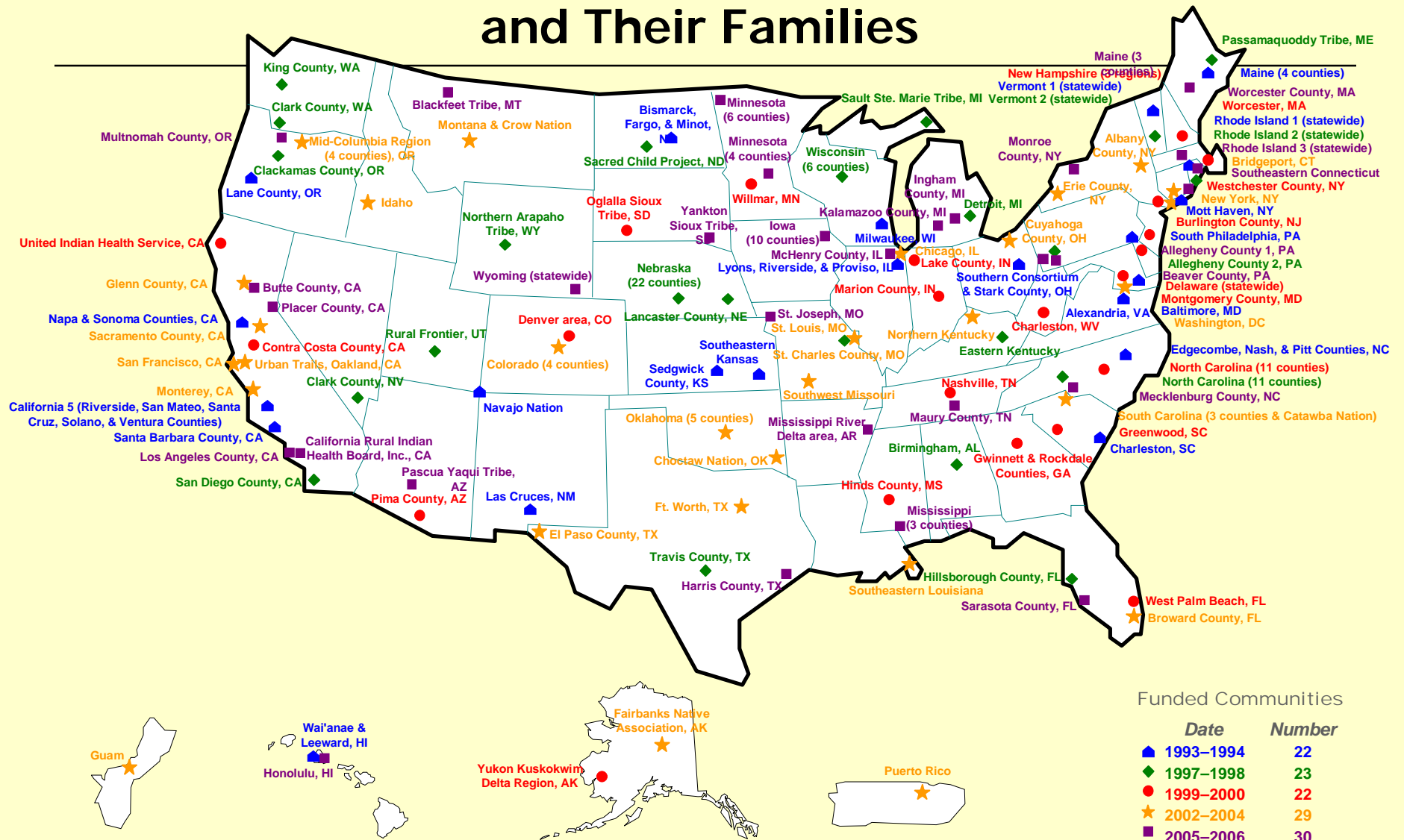
Strengths Based

Strengths based means that rather than focusing on the problems that a youth is experiencing, we focus on using the youth & families own strengths to address their needs.

Where in the World are System of Care & Wraparound Practices?



System of Care Communities of the Comprehensive Community Mental Health Services for Children and Their Families





System of Care in Texas

- Austin – Children’s Partnership – 1998-2005
- Fort Worth – Community Solutions – 2002-2008
- El Paso – Border Children’s Mental Health Collaborative – 2002-2008
- Harris County – 2005-2011
- **Next Funding Cycle – More Texas Sites?!**



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partnership

HOW DO WE KNOW IT WORKS?



- Out of school suspensions dropped by 30%
- Time spent in out-of-home placements decreased by 48%
- 15% decrease in arrests, adjudications, probation and detention.

Community Solutions of Fort Worth



Community Solutions



COMMUNITY
SOLUTIONS
OF FORT WORTH

El Paso, Texas



Harris County





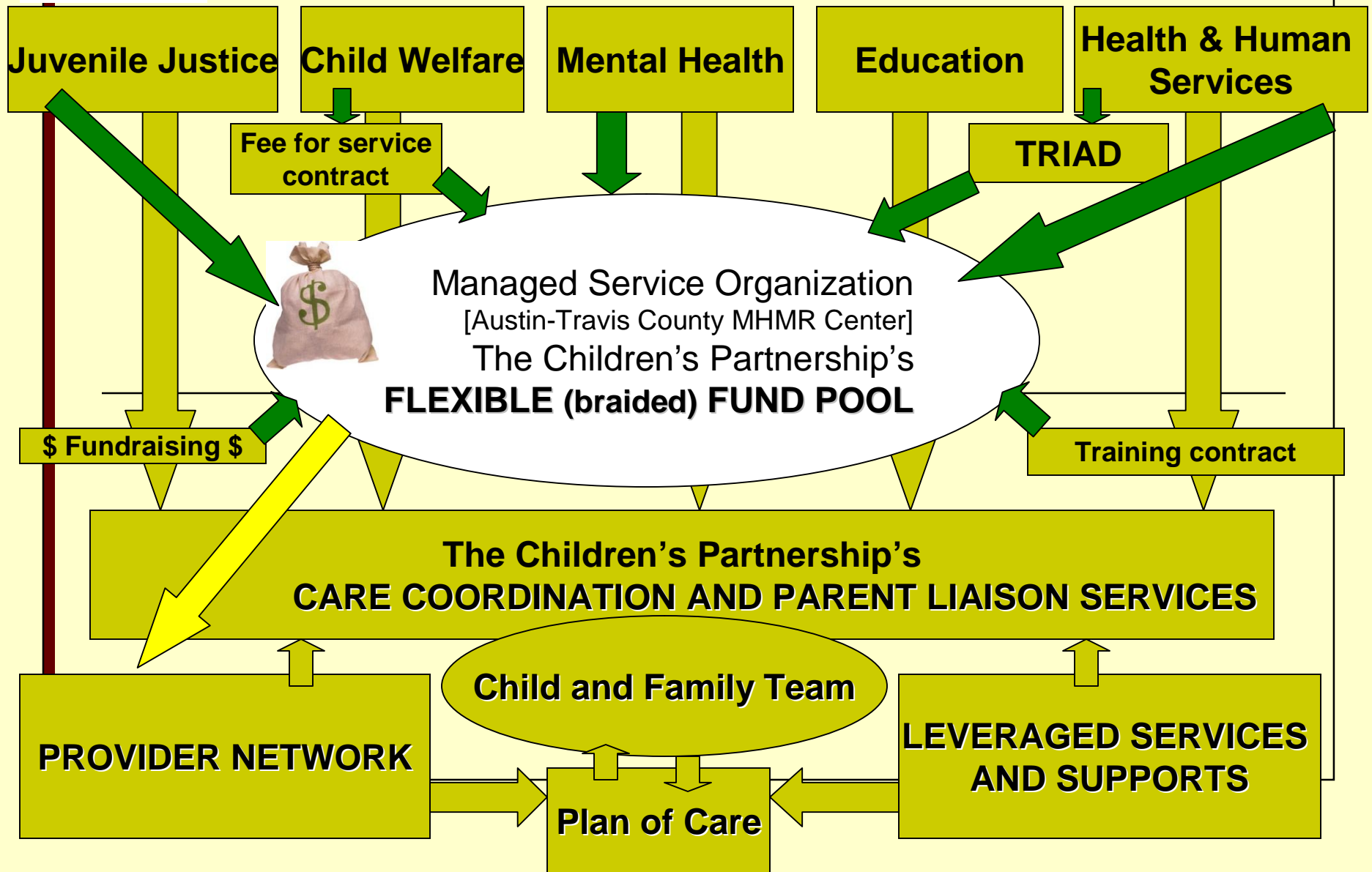
Doing Business Differently

- ❑ Parent & Youth Partnerships on all levels
- ❑ Child & Family Teams
- ❑ Interagency agreements to participate
- ❑ Flexible funding to plan for individualized needs
- ❑ Service delivery using evidenced-based wraparound
- ❑ Training, training, & more training



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The Children's Partnership



Texas Integrated Funding Initiative



Mission

The Texas Integrated Funding Initiative supports a flexible funding collaboration between agencies, families, and community groups in order to serve children and families with complex needs more efficiently and cost-effectively.

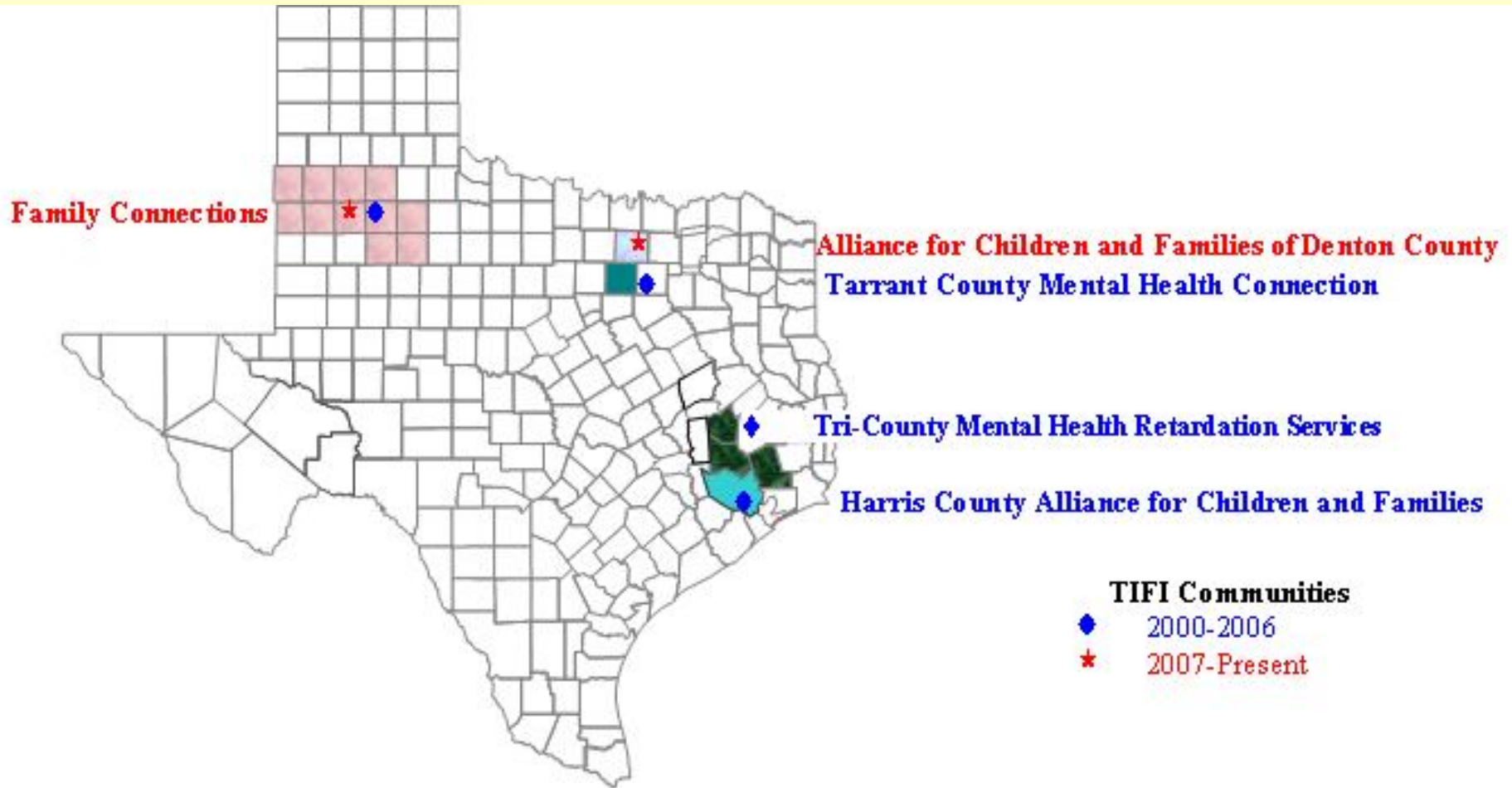
Focuses on families' unique strengths and culture to help children & families lead healthy lives in their communities.



Target Pop

- Children & youth birth-18 years of age and their families
- Currently in or at-risk for out-of-home placement for mental health services
- Multi-agency involvement due to difficulties within school, family, and/or community
- Identified with DSM-IV diagnosis or in special education for serious emotional disturbance; possible co-existing developmental disabilities or substance abuse

TIFI Communities



Texas State Leadership





Demonstrated Promising Practices

- ❑ CRCGs
- ❑ Multi-systemic Therapy in several Texas Communities
- ❑ School Mental Health Collaboratives
- ❑ Family Resource Centers
- ❑ Collaborative Training Events
- ❑ Family Liaison Positions
- ❑ And More...

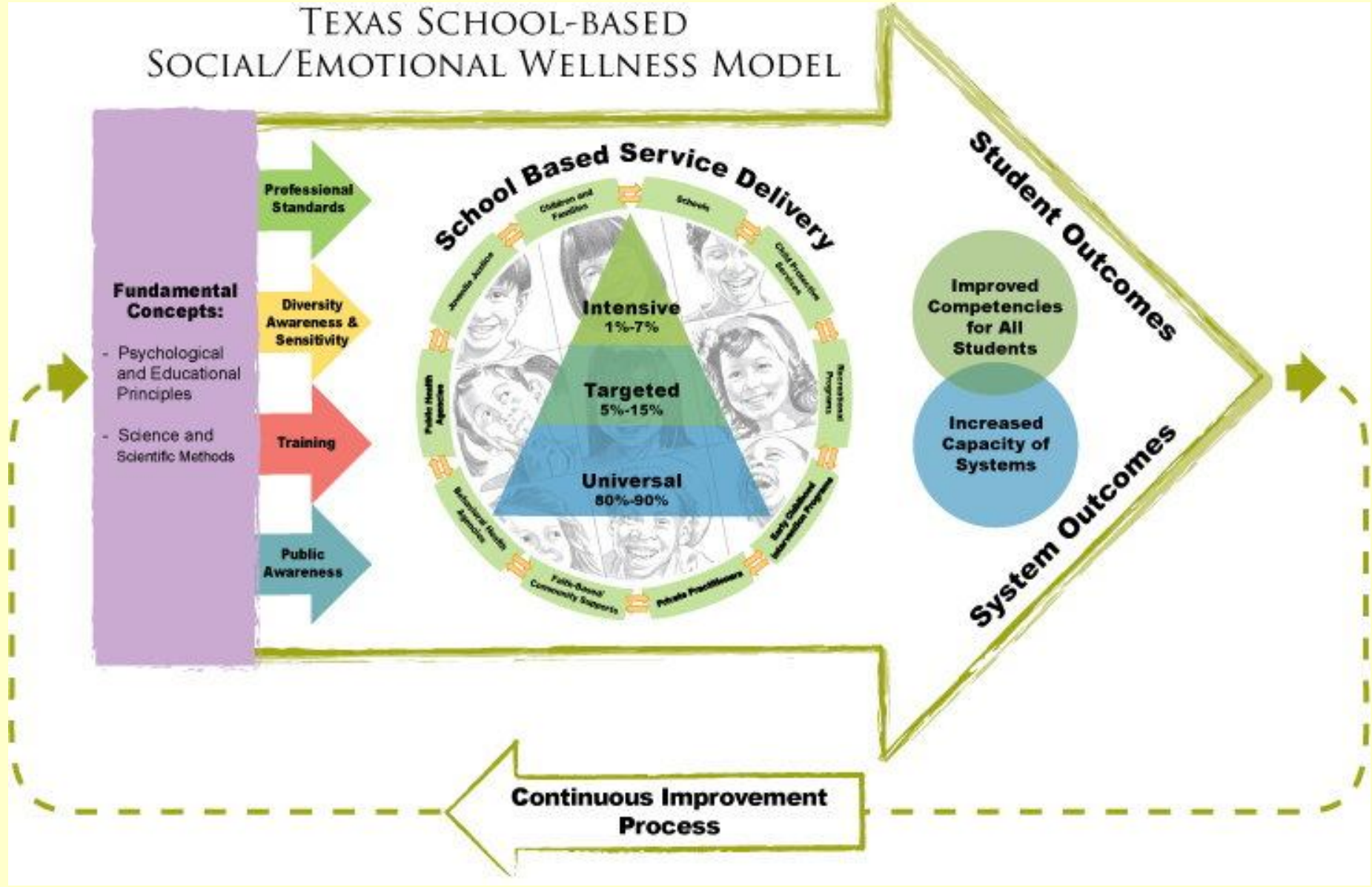


What Else Are We Doing in Texas?

- HHSC – Raising Texas
- DSHS –
 - ✓ Resiliency and Disease Management (RDM)
 - ✓ Mental Health Transformation
 - ✓ Integrated Health Care
 - ✓ Strategic Prevention Framework State Incentive Grant
- DFPS – Family Group Conferencing/Decision-Making (FGDM)
- Medicaid – Submission for a 1915 (c) waiver
- Juvenile Justice - MacArthur Foundation grant
- Education – Positive Behavior Supports (PBS) & Response To Intervention (RTI)

TxCEDS State Model

TEXAS SCHOOL-BASED SOCIAL/EMOTIONAL WELLNESS MODEL

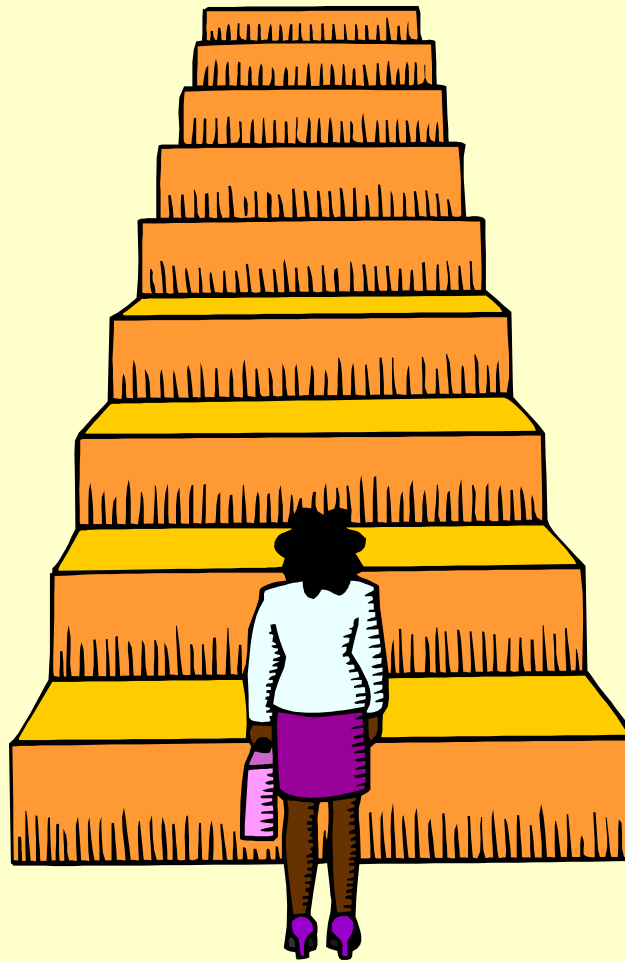


Partnering in Texas ...

A Collaborative Partnership



What Next?



Contact Information

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 www.hhsc.state.tx.us/crcg/crcg.htm

 <http://www.hhsc.state.tx.us/tifi/index.htm>

 http://www.hhsc.state.tx.us/tifi/TIFI_SystemCare.html