



Children's Mental Health Activities in the Mental Health Transformation Project

Children's Mental Health Policy Forum
September 16, 2008



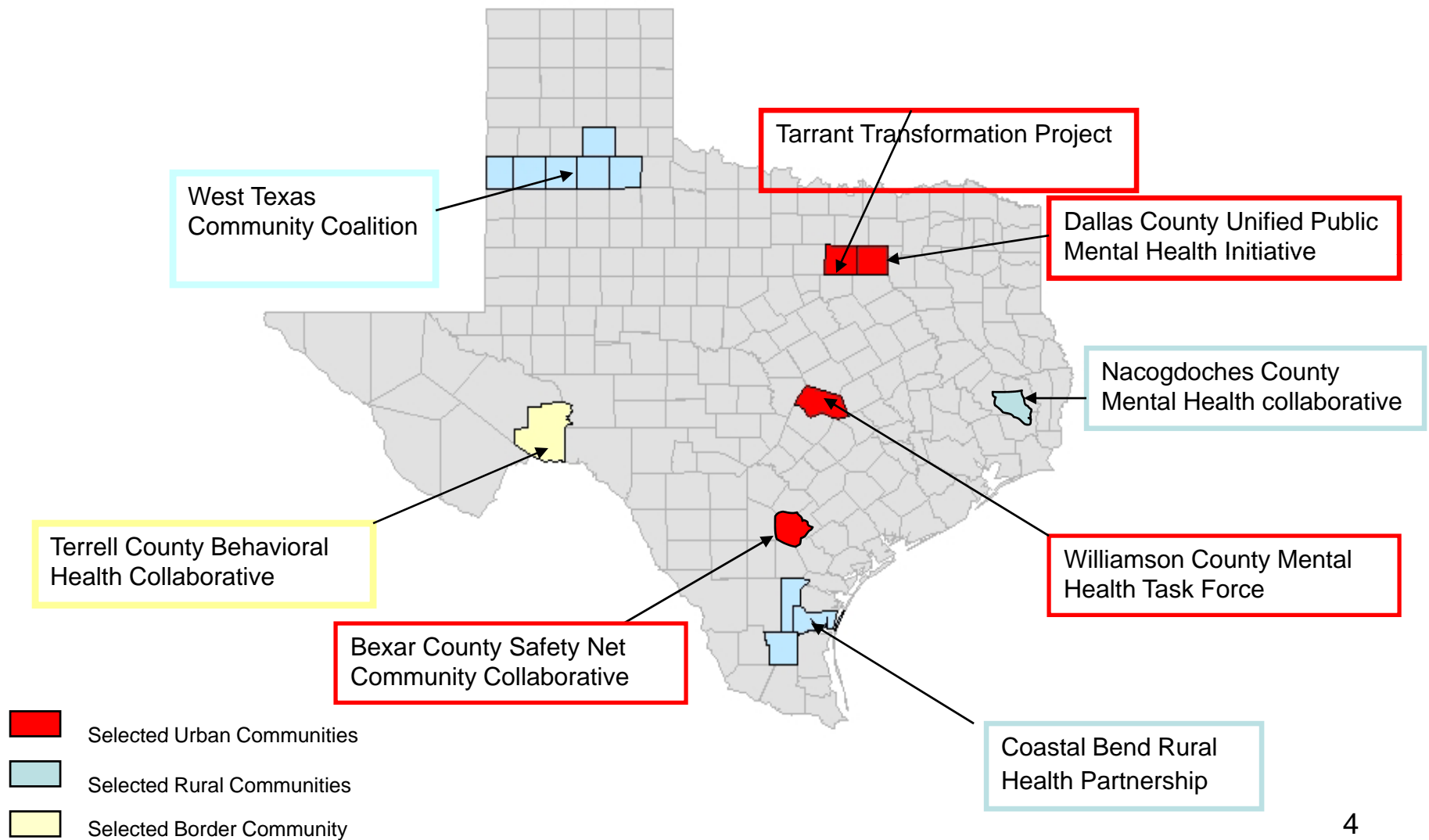
Texas Mental Health Transformation

- **The Six NFC Goals**
 - **Texans understand that mental health is essential to overall health.**
 - **Mental Health Care Is Consumer and Family Driven.**
 - **Disparities in mental health services are eliminated.**
 - **Mental health screening, assessment & referral to services are common.**
 - **Excellent mental health care is delivered and research is accelerated.**
 - **Technology is used to access mental health care and information.**



- TWG Workgroups
 - Children and Adolescents
 - Adults
 - Data/IT
 - Workforce
 - Housing
 - Consumer Voice

Community Collaboratives





- **Key Initiatives**

- EBP/PP Web site
- Workforce Development
- Proof of Concept
- Creating interoperable data systems
- Supporting integrated care, wellness promotion and web-based health risk assessment
- Returning Vets and their families
- Supporting local MHT with 7 Collaboratives
- Youth Summit



- **Child & Adolescent Subcommittee**
 - Constituted to address mental health issues for children and adolescents
 - Executive Sponsors from Department of Family and Protective Services and Texas Education Agency
 - Multi-agency and organization representation
 - Established three primary goals



- **Currently Participating Partners**

- Advocacy, Inc.
- Department of Aging and Disability Services
- Department of Assistive and Rehabilitative Services
- Department of Family and Protective Services
- Department of State Health Services
- Federation of Families for Children’s Mental Health
- Health and Human Services Commission
- Hogg Foundation
- Texas Department of Criminal Justice
- Texas Education Agency
- Texas Health Institute
- Texas Workforce Commission
- University of Texas School of Social Work
- Consumers and Family Members

A banner image featuring a blue sky with white clouds and several dandelion seed heads in the foreground. The text "Texas Mental Health Transformation" is overlaid in a semi-transparent grey box.

Texas Mental Health Transformation

- **Child & Adolescent Goals/Action Committees**
 - Expand population-based, promotion, prevention, and early intervention approaches for children and adolescents.
 - Increase awareness of and access to evidence-based and promising practices to improve the mental health of children, adolescents and families.
 - Increase access to school based behavioral health resources for children and adolescents.



- **How Can You Help?**
 - Participate in Subcommittee and Action Committee planning and activities
 - Support legislative initiatives that affect children and adolescents' mental health
 - Educate local and state officials about the mental health needs of children and adolescents



- **Goal A: Expand population-based, promotion, prevention, and early intervention approaches**
 - Reduce the stigma associated with the recognition of emotional and behavioral problems and seeking services.
 - Explore the use of effective behavioral health screening and/or assessment protocols within schools and/or primary care settings.
 - Educate key funding entities regarding the return on investment for the expansion of promotion, prevention and early intervention programs



- **Goal B: Increase access to School-based Behavioral Health resources for children and adolescents**
 - Assess existing School-based Behavioral Health (SBBH) programs and services in Texas
 - Establish linkages between SBBH resources and the community at large
 - Texas Collaborative for Emotional Development in Schools (TxCEDs)
 - Increase the skills of teachers, school staff, and administrators in the promotion, prevention, and recognition of mental health problems in students, and accessing appropriate services
 - Ensure effective collaboration between schools and behavioral health programs or services within the local community
 - Establish revenue to sustain and expand SBBH resources



- **Goal C: Increase awareness of and access to evidence-based and promising practices**
 - Identify current evidence-based (EBP) and promising practices (PP) across the state
 - Develop and implement a multi-pronged communication plan
 - Create or enhance state infrastructure for training and technical assistance
 - Maximize the role of funding to incentivize the provision of EBPs and PPs.